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Vegetarian society - official site

The Vegetarian Society is a registered educational charity offering support, advice and free resources to families, individuals, health professionals, caterers and

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Vegetarian | popsugar food

The latest tips and news on Vegetarian are on POPSUGAR Food. On POPSUGAR Food you will find everything you need on food, recipes and Vegetarian.

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Vegetarian | define vegetarian at dictionary.com

noun 1. a person who does not eat or does not believe in eating meat, fish, fowl, or, in some cases, any food derived from animals, as eggs or cheese, but subsists on

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Vegetarian diets: vegan, lacto- vegetarian, ovo-

WebMD explains various vegetarian and vegan diets, along with the nutritional requirements of following these diets.

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Vegetarian diet -- what you need to know -- us

Going meat-free on a vegetarian diet plan may be difficult and requires planning. But, it is a diet that is strong in nutrition and safety if done right.

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